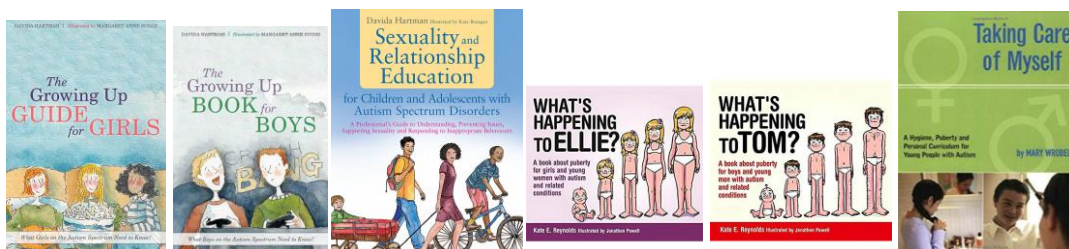


Talk the Talk: Puberty, Sex and Relationships Resources

- Davida Hartman <http://www.autismsexeducation.com/about>
- Books by Davida Hartman “The growing up guide for boys” - “The growing up guide for girls” - “Sexuality and Relationships Education for Children and Adolescents with ASD”
- Books by Kate E Reynolds “What’s happening to Ellie and Tom”.
- Book by Mary Wrobel “Taking Care of Myself – a health, hygiene and puberty curriculum for ASD”
- Online leaflets and videos (easy read picture supported)
<http://www.lanarkshiresexualhealth.org/resources/?category=31>



Internet Safety is a priority for all pupils but pupils with ASC can be very vulnerable.

These are great resources developed for children with ASC:

<http://www.childnet.com/resources/know-it-all-for-teachers-sen/symbols-based-smart-rules>

<http://www.childnet.com/resources/star-toolkit>

- TEACCH report “Sex education for people with autism” www.autismuk.com
- National Autistic Society “Sex Education and children and young people with an ASD”
The Danish Report www.autism.org.uk
- Newport, J. and Newport, M. (2002) *Autism-Asperger’s and Sexuality: Puberty and Beyond*. Future Horizons Inc.
- Alex Kelly and Brian Sains (2009) *Talkabout for Teenagers: Developing Social and Emotional Communication Skills*.
- *The Autism Spectrum, Sexuality and the Law- What every parent and professional needs to know* - Tony Attwood, Isabelle Hénault and Nick Dubin
- *Girls Growing Up on the Autism Spectrum - What Parents and Professionals Should Know About the Pre-Teen and Teenage Years* by Shana Nichols
- Free download <http://www.rsehub.org.uk/resources/puberty-sexuality-for-children-young-people-with-a-disability/>

